

# TONIGHT, IT'S ALL ABOUT ME! HEALTH & WELLNESS FAIR

**MONDAY, APRIL 16TH 5:30PM - 7:30PM**

**AT HAMPTON BAYS HIGH SCHOOL, 88 ARGONNE RD EAST**

**FREE! OPEN TO TEENS AND THEIR FAMILIES**



REFRESHMENTS, GIVEAWAYS, AND  
SMOOTHIE BAR!



GET ACTIVE WITH YOGA, ZUMBA, REIKI  
AND MORE!



GET SPIRITUAL WITH AURA CAMERAS,  
ESSENTIAL OILS AND CRYSTALS.



CHECK OUT HEALTH SCREENINGS AND  
ALTERNATIVE MEDICINE PRACTICES!



WIN ESSENTIAL OILS, DIFFUSERS, YOGA  
MATS, FREE WEIGHTS, OR CRYSTALS!



FOR MORE INFORMATION, PLEASE CALL (631) 702-2425 OR  
VISIT [WWW.SOUTHAMPTONTOWNNY.GOV/YOUTHBUREAU](http://WWW.SOUTHAMPTONTOWNNY.GOV/YOUTHBUREAU)

